

Lunch Menu

(Not served after 3:00)

Salad Entrees

Grilled Chicken Caesar Salad \$14.50

Crisp Romaine Lettuce tossed with Creamy Caesar Dressing, topped with Sliced Breast of Chicken, Tomatoes, and Red Onions, Toasted Croutons and freshly grated Parmesan Cheese add the final touch

Spinach Chicken Salad..... \$14.50

Grilled Sliced Chicken Breast with Sliced Strawberries, Kiwi, and Honey-Orange Vinaigrette on a bed of Baby Spinach Leaves

House Smoked Turkey

Cobb Salad \$14.50

Turkey Breast, smoked on-site, served with Chopped Egg, Tomato, Cucumber, and Cheddar Cheese on bottom of Gourmet Greens with Maytag Blue Cheese Dressing

Seared Salmon Plate \$14.50

5 oz Filet of Salmon served with Lemon Dill Sauce on a bed of Crisp Salad Greens with Vegetable Garnishes

Served Salad Entrees include Rolls and Butter, Coffee, Tea and Milk

Hot Entrees

Grilled Breast of Chicken \$14.50

Served with your Choice of Sauces: Mushroom Marsala, Tequila Cream, Tomato Vodka or Duxelle Demi Glaze and Chef's choice of accompaniment

Sliced Roast Beef \$14.50

Served with Burgundy Wine Sauce, Rosemary Roasted Potato Spears

Chicken Chasseur \$14.50

Sautéed Breast of Chicken served with a light Tomato Mushroom Tarragon Sauce served with Garlic Mashed Potatoes

Seared Salmon..... \$17.00

Served with Basil Vinaigrette, Parsley Buttered New Potatoes

Vegetarian Entrees

Black Eyed Pea Cakes \$14.50

Served with Sweet Potato Succotash and Lemon Butter

Tomato Basil

Pilaf Turnover \$14.50

Mixed Grains in Flaky Pastry with Roasted Vegetables and Basil Pesto

Rosemary Polenta Tart..... \$14.50

Served with Wilted Greens and Fava Bean Puree, Lemon Artichoke Sauce

Wild Mushroom

Pasta Roulade \$14.50

Served with Smoked Tomato Coulis and Garlic Lentil Pilaf

Canneloni of

Garden Vegetable \$14.50

Wrapped in a Wild Rice and Tempeh Crepe with Red and Yellow Pepper Sauces

Served Luncheons include Tossed Green Salad with Choice of Dressing, Chef's Choice of Vegetable, Rolls and Butter, Coffee, Tea, and Milk



IOWA MEMORIAL UNION

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